



Mission Healthcare - Community Resources - San Diego County

Mission Valley Office: 619-757-2700

Toll-Free: 888-871-0766

Fax: 866-551-0846

Government Funded Services

APS	800-510-2020
Aging & Independent Services	800-510-2020
Community Care Licensing	858-467-2367
Elderhelp	619-284-9281
MediCal General Info	916-445-4171
Ombudsman Services	800-231-4024
Public Guardian Admin	858-694-3500
Senior Legal Services	858-565-1392
Social Security (Info)	800-772-1213

Care Management

Jewish Family Services	858-637-3000
Boutique Care Management	619-987-8693

Misc. Services

A Place for Mom	619-434-1362
ALS Support Services	800-782-4777
Alzheimer's Association	800-660-1993
American Cancer Society	619-299-4200
American Lung Assoc.	619-297-3901
American Heart Assoc.	619-291-7454
American Diabetes Assoc.	800-342-2383
Battered Women Services	619-234-3164
Hear Assist Hearing Aids	858-455-9531
HIV/AIDS Hotline	800-342-AIDS
Jewish Community Ctr.	619-291-0473
Joslyn Senior Center	760-839-4688
Parkinson's Assoc.	858-273-6763
Retirement Relocation Service	619-303-1422
Senior Community Ctr.	619-235-6572
Southern CA Resource Ctr.	800-827-1008

Special Needs

Access Center (Disabled)	619-293-3500
SD Center for the Blind	619-583-1542
Deaf Community Services	619-398-2441
TTY	619-398-2440

Mobile Physician Groups

Call Docs	619-260-6300
House Call Docs	619-793-7988
Home Physicians Medical Grp	858-279-1212
Mobile Doctor Medical Clinic	760-591-9975
Mobile Eye Services	619-435-8800
MPS	619-461-3717
Visiting MD	760-480-4310

Nutrition Services

Meals on Wheels	619-260-6110
East County	619-447-8782
North County	760-736-9900
South County	619-420-2782
ElderHelp Volunteer Shopper	619-284-9281
Expressly Gourmet	858-490-3930

Emergency Response Systems

LifeLine	800-451-0525
Response Link	619-325-0356
San Diego Alert	619-325-0356

Private Duty/Home Maker Services

Mission Home Care	888-844-4178
A Better Solution (East)	619-585-9011
Comfort Keepers	619-795-6039
Meridian	619-272-0986

Durable Medical Equipment

Advanced Diabetes Supply	760-434-9887
ABT	619-698-6808
Apria	858-653-6800
ASH	760-432-9748
RAM	858-549-1707
Kadence Healthcare	877-449-8900
KCI (wound vac)	888-275-4524
Life Care Solutions	858-565-1800
Omni-Motion	800-735-0112
Option Care Infusion	800-933-5350
Pacific Pulmonary	858-715-1947
Scope (Bracing)	760-941-1323
Shields	800-557-8797
Synergy Wound Care Supply	858-565-7095
TSSI	619-644-2170

Mental Health

Aurora Hospital	858-487-3200
Crisis Line	800-479-3339
Help Connection	619-515-2854
NAMI	800-951-NAMI
PERT	858-565-5200
Seniors Team (55 yrs.)	800-510-2020
Sharp – Mesa Vista	800-696-6899
Sharp –Grossmont	619-740-6000
UCSD Behavioral Health	619-543-3741
Warm-Line (Peer support)	800-930-9276

Hospice

Mission Hospice	619-814-4020
Lightbridge Hospice	858-458-2992
(Specializing in the Jewish community)	
Odyssey Hospice	858-565-2499
Silverado Hospice	888-328-5660

Hospitals

Alvarado Hospital	619-287-3270
Fallbrook Hospital	760-728-1191
Palomar Medical Ctr.	760-739-3000
Pomerado Hospital	858-675-5060
Promise	619-582-3800
Tri-City Medical Ctr.	760-208-4786
Sharp	858-939-3400
Sharp – Coronado	619-522-3600
Scripps – Encinitas	760-633-6501
Scripps – Green	858-554-7962
Scripps Memorial – La Jolla	858-626-6150
Scripps – Mercy	619-260-7183
Scripps – Chula Vista	619-691-7000
UCSD – Hillcrest	619-543-3863
UCSD – Thornton	858-657-7000
Vibra	619-260-8300